

## Competition Commitment Contract/Opt-Out

Cheerleading is a commitment and takes a team effort just like any other sport. To be a great cheerleader, one must be motivated to do their best while fulfilling their commitment to their team.

The pinnacle event of our cheer season is the competition that takes place at the end of the season. It is the summit of the season where the cheer athletes are the stars of the show. Each team spends their season learning and perfecting their skills and routines in preparation for this big event.

Please read the following information prior to making the decision to participate in the MYFL Youth Cheerleading Competition.

The MYFL Cheerleading Competition will take place **TBD(Normally first/second weekend in November)**. Please keep this in mind if you choose to have your child participate in the cheer competition.

\*\*We will let everyone know any more information as soon as we receive it.

To participate in the youth cheer competition:

- You must be able to work as a team member, respect your coaches and teammates and maintain a **positive** attitude.
- Adhere to the attendance policy.
- **Athletes are not to be on cellphones/tablets during practice.** If there is an emergency during practice please contact the coach. The BAND app allows you to make phone calls directly through the app.
- If you choose to stay at the park during practice, please do not try to get your child's attention while he/she is practicing. It is very disruptive to practice!

All athletes are required to be dressed appropriately for every practice.

This includes:

- **Wearing proper cheer shoes at all times.**
- No chewing gum
- Hair worn up and out of the way
- Absolutely **NO JEWELRY. This includes watches.**
- **NO** acrylic or fake nails. Natural nails must be kept at fingertip length at all times to avoid injury to self and others.

### **Attendance:**

**\*\*Cheer practices DO NOT END when the football games conclude for the season\*\***

### **Competition practice is mandatory!**

Competition practice will take place during regular cheer practices during the week.

If you choose not to have your athlete participate in competition, we ask that you stay nearby as your athlete may be dismissed earlier than the scheduled end time for practice.

**Attendance is mandatory starting in September in order to compete in November.**

**Please do not pick and choose when you want your child to attend.**

**For Mascot Cheer:** We will be giving each athlete **two** excused absences. After 2 absences, the coach may remove your child from stunts during the routines for competition. After 4 absences, it is at

the coach's discretion whether or not your athlete will participate in competition. We may need to schedule an individual parent/coach meeting to discuss your child's chronic absences.

**For Freshmen & JV Cheer:** We will be giving each athlete four excused absences. After 4 absences, the coach may remove your child from stunts during the routines for competition. After 6 absences, it is at the coach's discretion whether or not your athlete will participate in competition. We may need to schedule an individual parent/coach meeting to discuss your child's chronic absences. The coach may move the athlete's position at any given practice.

**Excused absences include:** Contagious Illnesses, Family Emergency, School activities that will affect grades, religion, funerals, hospitalization, and pre-approved vacations.

**Unexcused:** Family dinners, birthday parties, headache, too tired, 'not in the mood', vacations not discussed in advance.

Athletes need to be at every scheduled practice.

**It is mandatory that a parent contact a coach if an athlete will be missing due to an illness AHEAD of practice times as it affects the entire team. We need to prepare for this and may need to try to find another athlete to fill in for your athlete if we are stunting. If you are running late for a practice due to an unforeseen circumstance, please contact a coach immediately.**

Parents & athletes are to respect and cooperate with directors, coaches and team moms at all times.

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***We are very excited for our season and to watch our amazing teams compete!***

Please take the time to read and discuss this information with your athlete prior to signing and returning this form to one of the coaches. This form is due back to your coach by practice **Monday August 26th, 2024.**

***\*\*All Athletes participating in the competition must have a parent's signature.\*\****

**Athlete Name:** \_\_\_\_\_

**Team:** \_\_\_\_\_

**YES! I would like my athlete to participate in competition at the end of the season:**

I have thoroughly read this information and understand that by signing this I am committing to the youth cheer competition and competition practices. I understand that if my child misses 4 or more competition practices, my child may be removed from stunts in their routine or be removed from competition entirely.

**Parent/Guardian Signature:** \_\_\_\_\_

**Athlete Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**NO! I DO NOT want my athlete to participate in competition at the end of the season.**

**Parent/Guardian Signature:** \_\_\_\_\_

**Athlete Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

